



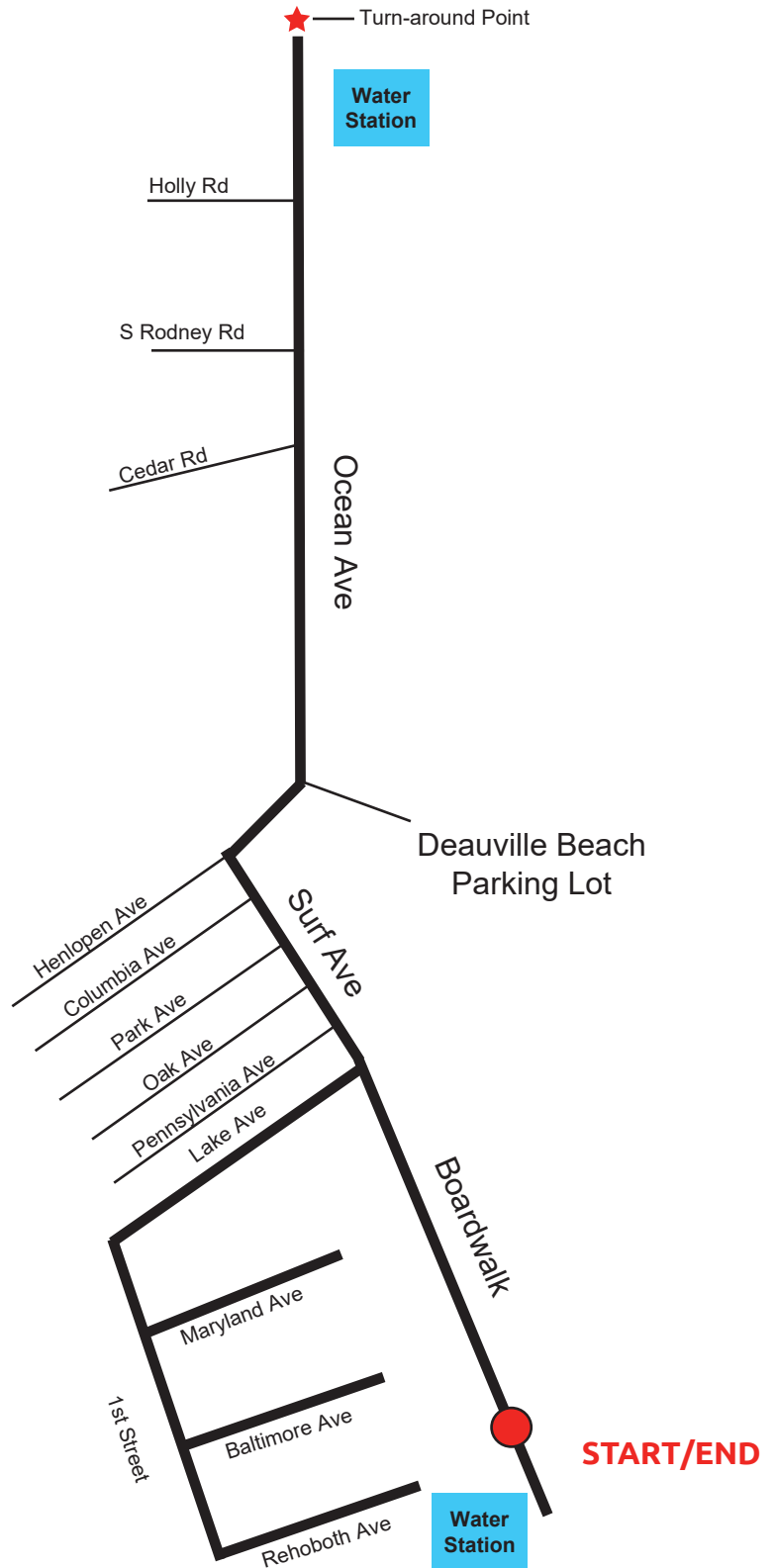
# 5K RUN TO THE PLUNGE

The run will start on the boardwalk at Rehoboth Avenue.

Race participants run north to the end of the boardwalk and then run on Surf Avenue to Henlopen Avenue to Ocean Avenue.

The turn-around occurs south at the entrance to Cape Henlopen State Park.

After the turn-a-round, participants will continue south on the same route to the finish line located on the boardwalk in the vicinity of Rehoboth Ave.



**Please Note:**  
The course is subject to change if necessary. Any changes will be communicated with race participants.