



## 2026 Check-In Schedule

***SUBJECT TO CHANGE***

We strongly recommend taking advantage of one of our early check-in opportunities to make your Plunge Day as smooth as possible. You can check in for other Bears, too!

### **Wednesday, February 25, 2026**

9:00 a.m. - 6:00 p.m. – ***Plunge and/or 5K***

Special Olympics Delaware office in Newark  
619 S. College Ave, Newark, DE 19716

### **Friday, February 27, 2026**

4:00 - 7:00 p.m. – ***Plunge and/or 5K***

Rehoboth Beach Convention Center  
229 Rehoboth Ave, Rehoboth Beach, DE 19971

### **Saturday, February 28, 2026**

8:30 - 9:55 a.m. – ***5K ONLY***

Tent near the Bandstand on Rehoboth Ave

4:00 - 7:00 p.m. – ***Plunge ONLY***

Rehoboth Beach Convention Center  
229 Rehoboth Ave, Rehoboth Beach, DE 19971

### **Sunday, March 1, 2026 – PLUNGE DAY!!!**

10:00 a.m. - 12:55 p.m. – ***Plunge ONLY***

Tent near the bandstand on Rehoboth Ave

If you have any questions about checking in for the Plunge, please email [plungede@sode.org](mailto:plungede@sode.org) or call the Special Olympics office at 302.831.4653.