

# PLUNGE WEEKEND FESTIVAL

## Schedule of Events

### FRIDAY, FEBRUARY 27, 2026

**4-7PM Registration & Souvenirs**  
Rehoboth Beach Convention Center

### SATURDAY, FEBRUARY 28, 2026

**10AM 5K Run to the Plunge**  
Rehoboth Ave & the Boardwalk

**10AM-3PM Sand Sculpting Demonstration**  
*timing may change based on weather*  
Boardwalk near Candy Kitchen  
Featuring Andy West & the "Sand Bears"

**12-2PM Fire & Ice**  
*while supplies last*  
Atlantic Sands Ballroom  
Hot wings & ice cream tastings

**2:30-5PM Restaurant Chili Contest**  
*while supplies last*  
Look for the 🌶️ on the map to find participating restaurants.  
Ballots (\$15) can be purchased at participating restaurants & Souvenirs.

**4-7PM Registration & Souvenirs**  
Rehoboth Beach Convention Center

### SUNDAY, MARCH 1, 2026

**9AM-12PM Ice Sculpting Demonstration**  
Tents near bandstand on Rehoboth Ave  
Featuring Jim Lauser

**9AM-1PM Sand Sculpting Demonstration**  
*timing may change based on weather*  
Boardwalk near Candy Kitchen  
Featuring Andy West & the "Sand Bears"

**10AM-1PM Registration & Souvenirs**  
Tents near bandstand on Rehoboth Ave

**1PM POLAR BEAR PLUNGE**  
*for Special Olympics Delaware*  
Plunge Zone - Rehoboth Beach

**1:15PM Après Plunge Party**  
*while supplies last*  
Rehoboth Beach Convention Center



Download our exclusive **PLUNGE HUB** app to stay connected and fully informed.



### 5K RUN TO THE PLUNGE

Saturday at 10:00 am

Registration opens at 8:30 am  
Rehoboth Ave & the Boardwalk

Presented by 

### LEVIN MATCHING FUND

*Irv & Phyllis*  
**LEVIN**  
MATCHING FUND  
FOR SPECIAL OLYMPICS DELAWARE

Irv & Phyllis Levin have committed to **match, dollar for dollar**, donations made to the Levin Matching Fund.

Go see them on the boardwalk on Sunday – they take cash, check (payable to Special Olympics Delaware), credit card, and Venmo.

Use the QR code below to donate online:



### APRÉS PLUNGE PARTY

Sunday at 1:15 pm

Immediately following the Plunge!  
Rehoboth Beach Convention Center  
Free for Bears; \$5 for friends & family age 10+  
Pizza & chili courtesy of **Nicola Pizza**  
Music from Greg Mack's Band 33 1/2

Supported by



**Special Olympics Delaware** 

Special Olympics Delaware changes lives by promoting understanding, acceptance and inclusion between people with and without intellectual disabilities.

Your support fuels the mission of Special Olympics Delaware to provide year-round sports training, competition, leadership opportunities and health screenings to thousands of athletes, at no charge.

[WWW.SODE.ORG](http://WWW.SODE.ORG)

MISSION PARTNER



The Law Enforcement Torch Run® for Special Olympics Delaware is our organization's largest grass-roots public awareness and fundraising vehicle.

Their year-round commitment includes the presentation of medals at all competitions, as well as volunteer efforts and fundraising initiatives.

All Special Olympics Delaware events, including - and especially - the Plunge, would not be possible without our partnership with law enforcement, which celebrates its 40th anniversary in 2026.

PRESENTING SPONSOR



Wawa and The Wawa Foundation have been supporting Special Olympics Delaware and the Plunge for 20 years, finding various ways to help fuel our mission and empower our athletes.

You can help continue to support our athletes by stopping in your local Wawa through March 1. Drop your spare change into the coin canisters, round up to the nearest dollar, or add a donation at the register.

# LEWES POLAR BEAR PLUNGE

PRESENTED BY

**Wawa**



*Irv & Phyllis*  
**LEVIN**  
MATCHING FUND

THE LEWES  
POLAR  
BEARS

Weekend Festival Feb 27 - Mar 1  
Plunge Sunday, Mar 1

 @sodelaware / @plungeDE

**CAN YOU BEAR IT?**



**Special Olympics Delaware**  
PlungeDE.org

## Restaurants

- Above the Dunes** 🌶️  
10% discount on non-discounted items Fri - Sun
- Arena's Deli**  
10% off entire check Fri - Sun
- Cafe Azafran**  
10% off Fri - Sun
- Dos Locos** 🌶️  
15% discount each bear participating Fri - Sun
- Downtown Bethany Blues** 🌶️  
20% off Fri - Sun
- Fins Fish House and Raw Bar** 🌶️  
Chili
- Henlopen City Oyster House**  
10% off Fri - Sun
- Kiwi's Kove at the Sands** 🌶️  
10% off food Fri - Sun
- Mariachi** 🌶️  
10% off Fri - Sun
- Nalu** 🌶️  
Chili
- Purple Parrot** 🌶️  
15% off food Fri - Sun excl. alcohol
- Rehoboth Ale House** 🌶️  
10% off Sat - Sun
- 302 Social Rehoboth** 🌶️  
Fri - Sun 10% off entire check
- Sunny Bay Cafe**  
10% off Fri - Sun
- Summer House** 🌶️  
Chili
- Tiki Jac's** 🌶️  
Chili

## Retailers

- Beaches - The Green Truck Shop**  
15% off website or Facebook. Shipping fees apply.
- Charm City Run**  
15% off your purchase Fri - Sun, excl. may apply
- Critter Beach**  
10% off Fri - Sun
- Gidget's Gadgets**  
20% off Fri - Sun
- Rehoboth Toy & Kite**  
10% off Fri - Sun
- Stoneworks Lapidary**  
10% off Fri - Sun

- The Spice and Tea Exchange**  
Free hot tea to plungers Fri - Sun
- Yesteryears**  
\$8 Commemorative photo. 20% off old time photos

### Businesses Located Off The Map

- Dogfish Head Brewings and Eats** 320 Rehoboth Ave  
10% off Sun
- NV Homes at the Beach** 28416 Keel Dr, Milton  
Purchase home by 3/31 and receive a fireplace
- Rehoboth Beach Running Co** 301 Rehoboth Ave  
10% off Fri - Sun
- Seaside Wellness LLC** 17515 Nassau Commons Blvd  
15% off of any IV, Fri - Sun

### Northbound Rt 1

- Applebee's Rehoboth** 36501 Seaside Outlet Dr  
\$5 off of \$30 - excl. alcohol
- Buffalo Wild Wings** 19930 Lighthouse Plaza  
10% off Fri - Sun. Dine-in only. excl. alcohol
- Crabby Dick's** 188311 Coastal Hwy  
15% off (excl. daily specials) Fri-Sun
- Nicola Pizza** 17323 Ocean One Plz, Lewes  
15% off Fri - Sun to all plungers

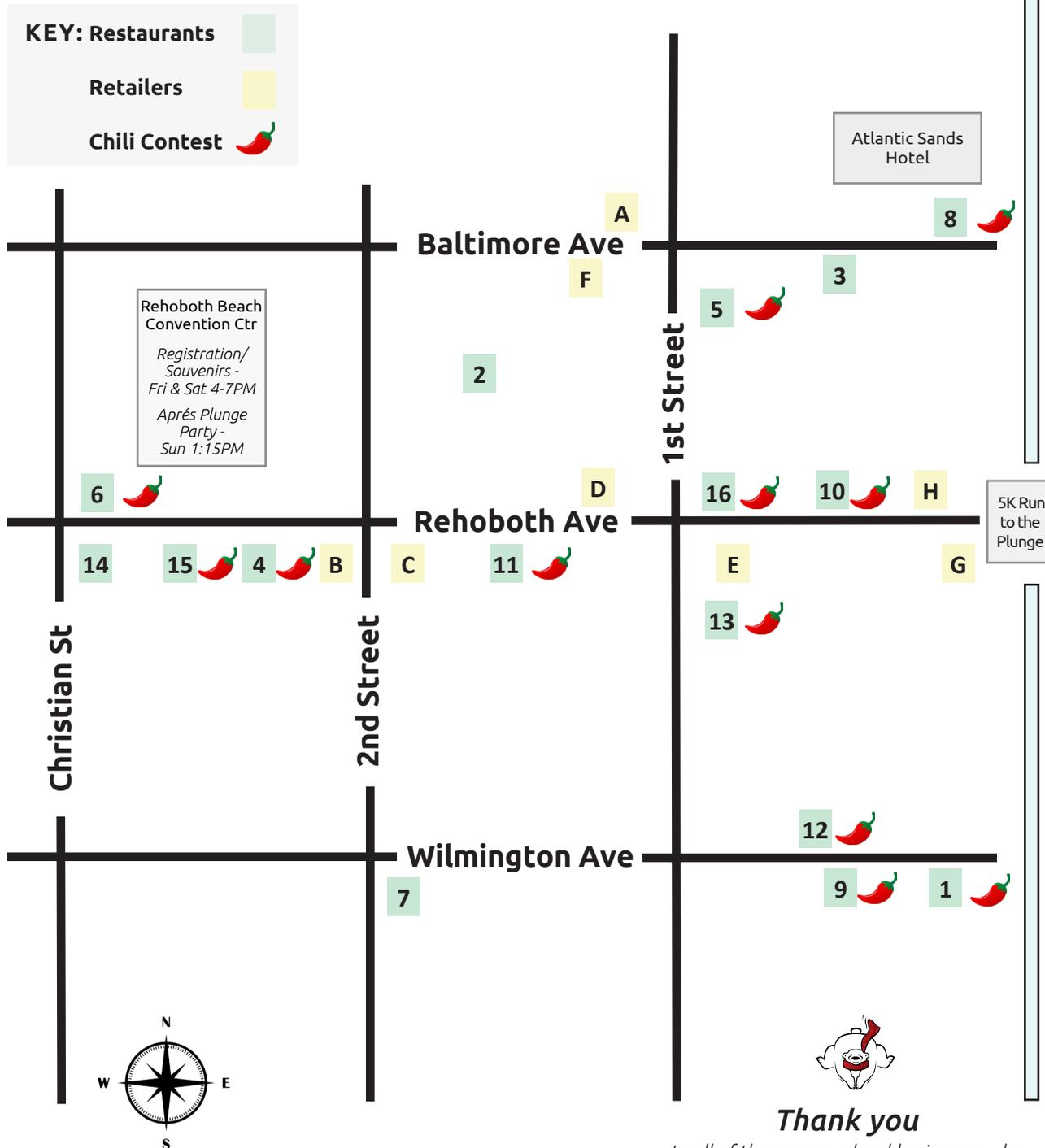
- Outback Steakhouse** 19917 Sea Blossom Blvd  
20% off Fri - Sun
- The Local Bootlegging Co.** 19819 Coastal hwy  
10% discount on Sat - Sun

### Southbound Rt 1

- Bluecoast Rehoboth** 30115 Veterans Way  
10% off Fri - Sun, cannot combine discounts
- Eden** 20200 Coastal Hwy  
15% off check Fri - Sat
- First State Brewing Co** 19266 Coastal Hwy, Unit 1  
20% off Fri - Sun, cannot combine discounts. Terms apply
- Jersey Mike's** 18598 Coastal Hwy, Unit 2  
10% off your bill, Fri - Sun. Dine-in only and excl. alcohol
- Surf Bagel** 17382 & 18675 Coastal Hwy, Lewes  
20% off Fri - Sun (excl. merch & catering) Midway and Lewes
- Thompson Island** 30133 Veterans Way  
10% off entire check Fri - Sun

# Lewes Polar Bear Plunge Weekend Festival

To receive discounts, Polar Bears must wear event wristband obtained at Registration.



**Thank you**

to all of the generous local businesses who welcome our Polar Bears into their doors!